

# Booking Form for NLSA Weekends 2009 at the NLSA Brightlingsea Coastal Sailing Centre



Please complete a form in **BLOCK CAPITALS** for **each** person booking.

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Tel No (Home) \_\_\_\_\_ (Day) \_\_\_\_\_ (Mobile) \_\_\_\_\_

	<u>W/E No. and Date</u>	<u>Details</u>	<u>Senior Instructor</u>	<u>Days</u>	<u>Tick</u>
1	22 – 24 May 2009	Dinghy Cruising Weekend no. 1	Clive Coleman	2	<input type="checkbox"/>
2	19 – 21 June 2009	Dinghy Cruising Weekend no. 2	Anna Blannin	2	<input type="checkbox"/>
	26 – 28 June 2009	Family Dinghy Cruising W/E	Stewart Keep	2	<input type="checkbox"/>
3	10 – 12 July 2009	Dinghy Cruising Weekend no. 3	Stewart Keep	2	<input type="checkbox"/>
4	11 – 13 Sept 2009	Dinghy Cruising Weekend no. 4	Clive Coleman	2	<input type="checkbox"/>
5	16 - 18 Oct 2009	Dinghy Cruising Weekend no. 5	Anna Blannin	2	<input type="checkbox"/>

A limited number of non-member bookings may be accepted for any particular weekend if there are already sufficient members booked for that weekend who are experienced in sailing at Brightlingsea.

Bookings for young members (under 18) will only be accepted if the young member has sufficient sailing experience and capability to cope with conditions likely to be experienced in coastal sailing to the prior satisfaction of the SI in charge of the sailing on the weekend and if accompanied by a parent or guardian or other adult acting “in loco parentis” with the written permission of a parent or guardian.

The cost for sailing weekends, which run from Friday evenings to Sunday afternoon, includes use of boats, all meals for Saturday and Sunday, but not Friday evening, and accommodation for Friday and Saturday nights.

Adult Members £ 55.00

Young Members £ 40.00

Non-Members £75.00

Tick the boxes for the weekends you wish to book and send the form and payment, made out to NLSA, to the Brightlingsea Co-ordinator, Christine Williams, 75 Greenham Road, London, N10 1LN, Tel (020) 8444 6374

Bookings by post, with payment, need to be received no later than 7 days before the weekend. Provisional bookings may be accepted by telephone but may be re-allocated if a booking form and payment is not received immediately thereafter.

If sufficient notice of cancellation is given and the place can be re-allocated, a full or partial refund may be given.

If you have any special dietary restrictions, please advise when booking.

Basic travel information and a “kit” list are given on the back of this form but more detailed travel information is available on the NLSA website [www.northlondonsailing.org](http://www.northlondonsailing.org) or on request by post.

If you need transport and can help with petrol costs, please tick:	<input type="checkbox"/>
If you can offer transport, please tick:	<input type="checkbox"/>
If you can help with buying and/or transporting food, please tick:	<input type="checkbox"/>

## Travel To Brightlingsea

Most of those taking part in the weekends tend to travel up on the Friday after work and arrive from early evening onwards. For anyone travelling up on the Saturday morning instead, a very early start is necessary since the breakfast on Saturday mornings is generally at 8am, followed immediately after by the necessary preparations and briefing for the day's sailing.

The address of our Centre is 126 Sydney Street, Brightlingsea, Essex, and if travelling by road, the postcode for your Satnav or your route planner is CO7 0BD.

Sydney Street is off "Waterside", and there is a pub, "The Yachtsmans Arms", on the corner. Once into Sydney Street, at the southern end, look for no. 126, "The Old Custom House", a 2 storey building topped by a white tower on the left about 50 yards from "The Yachtsmans Arms". Unfortunately there is no parking available at the house.

If lost or needing directions, the telephone number of "The Old Custom House" is 01206 302020.

If travelling by train from Liverpool Street, EC2M 7QA, it will be necessary to book to Colchester North Station, CO1 1XD, or to Wivenhoe, CO7 9DJ. Bus service 78 runs from Colchester Station on Friday evenings. On Saturday mornings it is necessary to take a 65 or 66 bus to Colchester town centre to pick up a 78X bus. Both buse routes run via Wivenhoe to Brightlingsea, stopping at Station Road then terminating at Victoria Place near the north end of Sydney Street, both less than 10 minutes walk away. The Wivenhoe bus stop is outside the Park Hotel, an 11 minute walk uphill from the station. The bus timetable and route maps can be found at [www.travelinesoutheast.org.uk](http://www.travelinesoutheast.org.uk).

## What To Take With You

- Pillow case and sleeping bag or duvet
- Two towels and washing kit.
- Gloves, woolly hat, sailing boots or old trainers (non-slip, flat soles).
- Sun protection (suncream, sunglasses, sun hat etc).
- Roll top dry bag or polythene bag to carry dry gear when sailing and wet gear when going home.
- At least two sets of clothes for sailing, which should include warm jumpers or tops.
- "Normal" clothes for evenings.
- Materials for taking notes and RYA logbook (if applicable).
- Thermos/water bottle if you have one.

Please note that waterproofs and 150 newton lifejackets are provided.

## How The Weekends Operate

The sailing takes place under the supervision of a Senior Instructor who accompanies the group in a fully equipped safety boat. The SI appoints a skipper for each boat who has previous experience of local sailing conditions and seeks to have a good mix of sailing abilities in each crew so that those experiencing our Brightlingsea coastal sailing weekends for the first time are in good hands.

A volunteer Quartermaster will plan the menu and buy the food for the Saturday and Sunday but the Centre itself operates on a cooperate basis and everyone is expected to help with all the domestic chores such as cooking, washing up and end-of-weekend cleaning.

To these ends we ask everyone to join in with the spirit of the weekend and to:

- be considerate at all times to everyone else taking part in the weekend
- be up on time for an early breakfast time since there is a lot to do before we get on the water and anyone being late for breakfast delays the whole process
- attend the safety briefing each morning with the Senior Instructor and, once on the water, to follow the Senior Instructor's instructions at all times
- help with all domestic tasks throughout the weekend
- help with all boat duties throughout the weekend
- expect to stay for about two hours after getting the boats back to the yard on the final day of sailing to help to put the boats away and to clean and tidy the house
- check before eating food from the fridge since if you help yourself, we may run out of food for the packed lunches and evening meal!