



NORTH LONDON
YOUTH SAILING TRUST



Registered Charity No. 1015997

2009 Course Fees
at
Brightlingsea Coastal Sailing Centre,
The Old Custom House, 126 Sydney Street, Brightlingsea, Essex

Courses are primarily residential and operate over a weekend and start at 8:30pm on the Friday evening for the preliminary introduction and briefing for the course, and normally run until about 5:30 pm on the Sunday.

Accommodation is provided for Friday and Saturday nights in bunk beds in dormitories sleeping up to 6 people and all meals are provided for the Saturday and Sunday, but not for the Friday evening. If you have any special dietary restrictions, please advise when booking.

Non-residential bookings may be accepted onto any course if there are already sufficient residential bookings for that course to justify it going ahead. Lunches will be provided for non-residential bookings.

Further information is given on the booking form.

“Day Sailing” Course (Friday Evening 5 June to Sunday 7 June)

This course is normally recommended for those who have enjoyed some further sailing since completing their level 2 and wish to go further in developing their knowledge and skills. They would probably have already had some tidal sailing experience such as on the "Tidal Endorsement" course and would not require the higher level of individual instruction on the water given in that course.

The course covers the preparing and planning for a day cruise, pilotage and decision making including adverse conditions and includes understanding weather, tides, charts, navigation and safety. At the end of the course you should be able to plan and execute a cruise, depending on conditions.

The normal fee for this course is £150.

A discount of £10 is offered for members of the North London Sailing Association.

A reduction of £30 applies for those booking on a non-residential basis.

“Level 2 Tidal Endorsement” Course (Friday Evening 17 July to Sunday 19 July)

This introductory course to tidal sailing covers the basic Level 2 course but is sailed on tidal water and it is staffed at a higher student-to-Instructor level than the other courses offered at the Centre. It gives the opportunity to learn to sail on moving water, which may be trying to take you away from where you want to go. This course will greatly improve confidence in sailing on tidal water.

The normal fee for this course is £175.

A discount of £10 is offered for members of the North London Sailing Association.

A reduction of £30 applies for those booking on a non-residential basis.

“Seamanship Skills” Course (Friday Evening 25 September to Sunday 27 September)

This course is normally recommended for those who have enjoyed some further sailing since completing their level 2 and wish to go further in developing their knowledge and skills. They would probably have already had some tidal sailing experience such as on the "Tidal Endorsement" course and would not require the higher level of individual instruction on the water given in that course.

The course covers advanced boat handling skills and includes launching and recovering the boat in different circumstances, stopping, reducing sail, recovering a man overboard, anchoring and dealing with situations that can arise at sea, such as sailing without a rudder or centreboard and sailing backwards. . At the end of the course you should be able to handle a wide range of situations afloat and overall sailing ability, especially on tidal water.

The normal fee for this course is £150.

A discount of £10 is offered for members of the North London Sailing Association.

A reduction of £30 applies for those booking on a non-residential basis.